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Caring for the Skin and Coat of Your Dog and Cat

Taking care of your pet's skin and coat is not just about appearance. It's a gesture of health, comfort, and prevention that is essential for your animal's overall well-being. Balanced skin and a healthy coat mean a pet that feels good in their body... and in their relationship with their human.

Regular Grooming: The Secret to Healthy Skin and a Happy Animal

Caring for your animal goes beyond feeding them or visiting the vet. Grooming, in its broadest sense, plays a fundamental role in maintaining physical health, emotional balance, and quality of life. Clean skin, a shiny coat, well-maintained eyes and claws; these are all signs of a healthy animal, both physically and mentally. More than that, these moments of shared attention

strengthen the bond and trust between the animal and their person.

Regular and appropriate grooming helps prevent many problems: it reduces the buildup of dirt, parasites, irritations, skin infections, and even joint pain caused by overgrown claws or eye discomfort due to uncleaned secretions. It's not just about making your pet look "clean" or "pretty", it's about offering them daily comfort, prevention, and peace of mind.

And this grooming starts with the simplest, yet most important actions: regular brushing, gentle cleaning of the ears and eyes, and routine nail checks. These small gestures, easy to include in a weekly routine, not only help maintain your pet's health but also allow you to detect any anomalies early (lumps, injuries, inflammation, parasites...). It's a form of silent listening, a caring observation that nurtures the relationship and serves as genuine natural preventive care.

Nose Care: A Small Gesture with a Big Impact

In some dog breeds, especially brachycephalic breeds (such as Bulldogs, Pugs, or Shih Tzus), the nose can tend to dry out, crack, or even split, especially in winter or after prolonged sun exposure. This small, often-overlooked organ is highly vascularized and plays a crucial role in temperature regulation and scent perception. A damaged nose can become painful and even infected if left untreated.

That's why it's important to regularly check your pet's nose and apply a gentle, chemical-free moisturizing balm when needed. This book offers simple and creative natural balm recipes that deeply nourish, soften, and protect even if your pet licks the area. Just a few applications per week are enough to prevent discomfort and keep the nose supple, healthy, and functional. If the nose is already damaged, you can apply a natural balm twice a day until it heals.

Paw Pads: Areas That Need Daily Protection

Often overlooked, paw pads deserve special care. They bear your pet's full weight, absorb shock, provide traction on various surfaces, and protect the inner structures of the feet. Yet they are constantly exposed to harsh elements: hot pavement in summer, freezing cold in winter, gravel, road salt, abrasive asphalt...

Dry, cracked, or damaged paw pads can cause pain, limping, lesions, and may limit your pet's ability to go outside or stay active. That's why regular maintenance is essential: visual checks, gentle cleaning when needed, and the application of a protective, nourishing treatment. While specific paw balms are available, you can also create your own using the recipes provided in this guide, made with nourishing plant oils or butters (such as calendula or borage) and wax.

Applying a small amount of balm after intense walks, or once a week for routine care, helps prevent injury, strengthens the paw pads' flexibility, and ensures walking comfort year-round. In case of cracked pads, apply a natural balm twice a day for about ten days until healed.

Ear Care: Gentleness, Observation, and Dog/Cat Specificity

Our pets' ears are sensitive areas, fragile and prone to dirt buildup, moisture, or parasites. Yet, they are often neglected in grooming routines. Gentle, appropriate ear care helps prevent irritation, ear infections, bad odors, and discomfort, while supporting your pet's auditory well-being.

It is crucial, however, to distinguish ear care practices between dogs and cats, as their ears differ anatomically and require different approaches.

For dogs, regular ear cleaning can be beneficial, especially for breeds with floppy, hairy, or narrow ears (such as Cocker Spaniels or Poodles), which tend to retain moisture and debris. In these cases, a gentle ear solution or saline can be used, following veterinary guidance. The process involves pouring the product into the external ear canal, gently massaging the base of the ear, allowing the dog to shake its head, and then wiping the ear opening with a clean cotton pad.

For cats, the approach must be much more cautious. Due to the cat's unique ear anatomy and natural sensitivity, it is strongly discouraged to introduce any liquid or object into the ear canal. Because their ear canal is straight, there is a high risk of touching and damaging the eardrum. Cleaning should remain strictly external, using a cotton pad or compress soaked in saline to gently remove visible dirt at the ear opening. Any deeper manipulation must be left to a veterinarian.

In all cases, ears become very painful when there's an issue. It is essential to regularly observe the condition of the ears (redness, odor, discharge, scratching, swelling, head tilting...) and consult a vet at the slightest doubt. Early intervention can prevent more serious ear problems, which may become extremely painful or even severe if untreated.

In summary, gentle, regular, and respectful maintenance keeps ears healthy and comfortable while helping avoid more invasive treatments later. And in case of any doubt or abnormal signs, only a veterinarian can make a diagnosis and recommend appropriate care.

Brushing

Brushing is far more than a cosmetic act: it is a vital care routine that removes dead hair, prevents tangles, stimulates blood circulation, and keeps the coat clean and shiny. But for it to be truly beneficial, and not traumatic, it must be done correctly. The first rule, often unknown, is that you should never brush a dry coat.

Brushing dry fur significantly increases the risk of breakage, static buildup, and discomfort, or even pain for the animal especially if the coat is long, dense, or slightly tangled. Dry brushing can also lead to tiny skin injuries, particularly if you insist on a knotted area or use an unsuitable tool.

Working with Natural Ingredients

The use of natural ingredients in grooming is an approach that increasingly appeals to both professionals and pet lovers who care about animal welfare and environmental health. However, switching to natural products doesn't mean overturning everything or radically changing your habits. Natural ingredients can be integrated gradually, by adapting your routine step by step and understanding the fundamental differences between conventional chemical products and nature-based care.



Integrating Natural Ingredients Without Changing Your Habits

One of the most common concerns when talking about switching to natural care is the belief that it requires completely changing one's grooming routine. But as this book demonstrates, a natural ingredient can be very easily incorporated into a classic grooming process, without having to change product brands or grooming techniques.

For example, adding a vegetable oil to a conditioner enriches the formula and brings targeted benefits without modifying the rest of the protocol. Similarly, incorporating hydrosols during the final rinse, or adding plant powders to a shampoo, are simple actions that allow you to benefit from the natural properties of ingredients without having to relearn everything. So, working with natural ingredients does not mean abandoning what you already know, but rather enhancing your practice with components that are more respectful of the animal's skin and coat.

This book was designed to make the integration of natural ingredients into existing grooming routines simple and progressive. It is not necessarily about changing everything overnight, but rather about adding, testing, and adapting new elements at your own pace. However, for those who wish to go further and adopt a fully natural grooming approach, it is essential to learn to work differently and to let go of the psychological habits shaped by conventional chemical products.

Adopting a New Approach: From Chemical to Natural

This book offers a dual approach: it allows you to introduce natural ingredients into your current grooming routines, while also providing the tools to transition into fully natural grooming for those who want to take that step. In the latter case, it's important to understand that the sensations, textures, and results will be different. One must let go of the psychological reflexes tied to chemical products and learn to analyze the real effects of natural care on the skin and coat.

When you've used chemical products for a long time, certain sensations and responses become cues that shape your perception of cleanliness and care. So, when switching to a more natural approach, it's vital to free yourself from certain automatic reactions and assumptions. For example, foam does not equal cleanliness. Foam is often seen as a sign of cleaning power, but in reality, it's mainly due to harsh surfactants in conventional shampoos. A product can clean perfectly well without producing a large amount of foam. A pleasant smell doesn't mean the coat is clean. That floral or fruity scent left behind by a chemical product usually comes from synthetic fragrances that have no cleansing function. A clean coat doesn't have to smell strongly, it is simply healthy and fresh. True cleanliness has no strong odor. Cleansing does not mean stripping. Many chemical shampoos strip away the natural sebum from the coat, giving the impression of "deep cleanliness." But proper cleaning doesn't require removing the skin's protective hydrolipidic film.

When transitioning to natural care, you might notice a difference: the coat may feel softer, more supple, or even slightly slippery to the touch. This is completely normal and actually desirable because it means the skin and coat have been cleaned while remaining protected.

Using natural products involves rethinking how we evaluate effectiveness. Instead of judging them by the standards imposed by the chemical cosmetics industry, we must learn to recognize the true signs of well-being and suitability for the animal.

Natural Doesn't Mean Risk-Free

While natural products are often praised for their gentleness and benefits, it's important to remember that they are not without risks. A respectful and responsible approach requires knowledge and caution.

Any ingredient, whether chemical or natural, can cause an allergic reaction. A plant, no matter how gentle it seems, can still be poorly tolerated by an individual animal. For example, certain vegetable oils or hydrosols may cause irritation on sensitive skin. That's why it is always recommended to test a new ingredient on a small area before wider use, and to monitor for any adverse reactions.

This precaution is often emphasized when it comes to natural products, but interestingly, rarely for chemical ones, when it absolutely should be. One should never suddenly switch shampoos or conditioners for an animal without first performing a patch test.

Some natural ingredients contain potentially irritating or harmful compounds when misused. For example, white clay contains crystalline silica, a substance which, if inhaled in large quantities over a long period, can lead to respiratory issues, even a condition known as silicosis.

Essential oils are highly concentrated plant extracts. While their benefits are numerous, they must be used with extreme care. They should never be applied pure to the skin or coat and must always be properly diluted. Some are photosensitizing (like those derived from citrus), others are dermocaustic (like cinnamon or oregano), and several can be toxic to animals if used in the wrong dosage or applied to species that are especially sensitive.

This book contains no essential oils that may pose a risk to a healthy cat. In addition, a dedicated chapter focuses on essential oils and how to use them properly to ensure a safe and animal-appropriate approach.



Vegetable Oils

Choosing Your Vegetable Oils

Not all vegetable oils are created equal, and it is essential to choose them carefully to ensure safe and effective care. Virgin oils, obtained by first cold pressing, are the best choice because they retain all their active compounds. Unlike refined oils, which undergo various treatments that alter their properties, these virgin oils maintain their full nutritional and reparative qualities.

Moreover, to reduce the risk of exposure to pesticides or other chemicals, it is strongly recommended to choose organic oils. The origin and method of production directly influence how effective the oil will be on the skin and coat.

Oxidation and Storage of Vegetable Oils

Oxidation is a natural process that affects all vegetable oils when exposed to air, light, and heat. It results in changes to their chemical structure, leading to a loss of beneficial properties and the development of an unpleasant rancid smell. When an oil oxidizes, its essential fatty acids degrade, making it less effective and potentially irritating to the skin and coat.

Some oils are more prone to oxidation due to their high content of polyunsaturated fatty acids. For example, oils rich in omega-3 and omega-6 (like rosehip oil or raspberry seed oil) go rancid faster than oils higher in saturated fatty acids (like coconut oil, which can easily last several months to a year). On the other hand, oils that are naturally rich in antioxidants (like argan or jojoba) are more stable and resistant to oxidation.

To ensure your oils remain high quality, here are some helpful tips: Avoid buying large quantities if you don't plan to use them quickly. Oils used drop by drop don't need to be bought by the liter. Store oils in dark glass bottles, away from temperature changes. A cool, dry place helps preserve their shelf life and effectiveness.

Once opened, close bottles immediately after use to limit air exposure, which speeds up rancidity.

Using pumps or droppers is a good alternative to traditional caps, as they help avoid bacterial contamination and reduce exposure to impurities.

For the most delicate oils, refrigeration can help extend their shelf life.

You can also enhance any oil with fully natural preservatives that are compatible with oil-based products, for example, a few drops of vitamin E or rosemary extract, which boost stability and limit degradation.

Lastly, always check the smell and appearance of an oil before use: rancid oil can be ineffective, or worse, irritating, for the animal's skin and coat. Don't take risks: if the oil's smell or look has changed, do not use it.



Risk of Reactions

While vegetable oils are generally well tolerated, they are not completely risk-free, especially in the case of allergies. Before using any oil on an animal, it's best to perform a patch test by applying a small amount to a limited area and observing for any reaction. Some oils, particularly those derived from nuts such as sweet almond, hazelnut, or macadamia, may trigger reactions in allergic animals. Likewise, oil that has gone rancid or has been poorly stored can cause irritation or even inflammation of the skin. It's essential to always check the smell and texture of the oil before each use.

Choosing Oils for Specific Needs

Depending on the animal's specific needs, certain oils will be more suitable than others:

- Oils rich in essential fatty acids, such as sweet almond, calendula, or avocado oil, are ideal for dry or irritated skin.
- Conversely, oils like jojoba or hazelnut, known for their sebum-regulating properties, are better suited for oily or blemish-prone skin.
- For damaged or brittle coats, coconut, argan, or castor oil are excellent choices, providing strength and shine.
- Some oils also have anti-inflammatory and soothing properties such as hemp oil, black seed (nigella) oil, or tamanu oil and are especially recommended for animals with chronic skin issues.
- Others, like neem oil, may even help protect against external parasites.

Dosage and Application

Vegetable oils should be applied thoughtfully. Unlike chemical products, their effects are gradual and require consistent use for visible results. Avoid using too much, especially on the coat, as it may become heavy or greasy. Depending on the intended effect, oils can be applied to dry or damp fur, massaging gently to encourage absorption into the skin. For maximum benefit, do not rinse immediately; let the oil work over time.

Blending Oils

All vegetable oils can be blended to enhance their benefits and create interesting synergies. For example, a combination of coconut oil for its protective properties, rosehip oil for its regenerating ability, and camelina oil for its soothing effects will result in a complete treatment tailored to the needs of the skin and coat.

Specific Precautions

Some oils require special care. St. John's Wort oil, for example, is photosensitizing and should not be applied before sun exposure. Castor oil, which is very viscous, must be diluted with lighter oils to ease its application. Similarly, black seed (nigella) oil can be slightly irritating when used pure, and it is often best to dilute it before use. Before using any oil, make sure to learn about its specific properties.





Ingredients & Recipes

Aloe Vera

Aloe vera has a unique combination of active components, making it an essential ingredient for skin and coat care. Whether used to hydrate, protect, repair, purify, or soothe, this miracle plant fits perfectly into a wide variety of recipes tailored for dogs and cats.

Used since antiquity for its medicinal and cosmetic properties, this plant contains a unique blend of polysaccharides, vitamins, minerals, amino acids, enzymes, and other elements that work synergistically to improve the health of the skin and coat.

It is used in different forms depending on specific grooming care needs: gel, powder, and oil macerate. Each of these forms preserves and enhances distinct components of the plant, maximizing their benefits according to the intended application.

Main Properties and Forms of Use

Aloe Vera Gel is the most commonly used form, obtained directly from the fresh leaves of the plant. It is particularly rich in polysaccharides, especially acemannan, which maintain optimal hydration by forming a protective film that limits water evaporation. This film shields the skin and coat from external aggressions while improving elasticity. It also promotes cell regeneration, making it an excellent care solution after clipping or prolonged sun exposure.

The gel also contains high concentrations of vitamins A, C, and E, which enhance collagen production, slow skin aging, and protect the skin from environmental damage. Thanks to its exfoliating enzymes such as bradykinase, it soothes irritation and redness while removing dead skin cells for faster renewal.

The gel is especially valued for its soothing and anti-inflammatory effects on sensitive, atopic, or itchy skin. It is often used in the formulation of moisturizing shampoos, coat serums, or calming wraps.

Aloe Vera Powder is obtained by dehydrating the gel, allowing for a high concentration of active compounds in a more stable form that is easy to incorporate into cosmetic formulations. It is particularly rich in saponins, which have cleansing and purifying properties ideal for gentle grooming care. These help remove impurities and excess sebum without irritating the skin, leaving a refreshing and clean feel.

Thanks to its content of minerals, notably zinc and selenium, aloe vera powder supports wound healing, sebum regulation, and skin balance. It is often included in fortifying coat masks, dry shampoos, and gentle exfoliating treatments to revitalize both the skin and the coat.

Aloe Vera Oil Macerate is obtained by macerating aloe leaves in a neutral vegetable oil such as sunflower oil, allowing for the extraction of its essential fatty acids, especially omega-3 and omega-6. These acids offer anti-inflammatory and regenerating properties, ideal for soothing skin irritations and restoring the skin's lipid barrier.

Thanks to the presence of lignins, this oil macerate enhances the penetration of active compounds into the skin and coat, increasing their effectiveness. It is especially recommended for protective care, such as nourishing balms for paw pads, conditioning oils for dry and dull coats, or repairing serums for damaged fur.

Finally, anthraquinones like aloin and emodin present in the macerate provide antibacterial and antifungal properties, helping to prevent skin infections and soothe recurrent inflammation.

Legend of Aloe Vera

Alexander the Great considered aloe vera an essential asset for ensuring victory for his troops. According to historical accounts, it was Aristotle, his tutor and advisor, who praised the plant's exceptional medicinal properties, particularly for healing war wounds. Convinced of its importance, Alexander reportedly conquered the island of Socotra, located off the coast of Yemen, where aloe vera grew abundantly. There, he established a base to ensure a steady supply of this healing plant, enabling the rapid treatment of injured soldiers and maintaining the strength of his army. Thanks to aloe vera's regenerative and antiseptic properties, warriors were able to heal faster and return to battle.

Properties of Aloe Vera

-  **Intense Moisturizer**
-  **Cell Regenerating**
-  **Soothing and Anti-inflammatory**
-  **Antioxidant**
-  **Skin Protector**
-  **Purifying and Antiseptic**

How to Use It?

Aloe vera is mainly used in three forms: gel, powder, and oil macerate.

Let's start with **Aloe Vera Gel**:

Moisturizing Care

- It is best used in the conditioner, but you can also use it in the shampoo or a pre-mask. Add 20 to 100 ml of Aloe Vera gel (depending on the size of the animal) into the undiluted product. Mix well, then dilute according to your usual method. This creates an intensely hydrating treatment. You can use it at several stages, as it does not cause residue, rinses easily, and leaves no greasy feel.

Protective and Beautifying Skin Care

- Preferably add it to the conditioner. For an intensive treatment, also add the gel to your pre-mask. If you don't use a pre-mask, add it to the shampoo instead. Mix 20 to 100 ml of Aloe Vera gel (depending on the size of the animal) into the undiluted product, then dilute as usual.

Soothing and Anti-inflammatory Care

- For a soothing effect, add 20 to 100 ml of Aloe Vera gel (depending on the size of the animal) to your pre-mask, shampoo, or conditioner. You can combine it across several of these steps depending on the situation. Mix the gel into the undiluted product, then proceed with dilution.
 - For localized anti-inflammatory care, such as hot spots, apply pure Aloe Vera gel to a compress and secure it on the area. Leave it on for at least 30 minutes.

Regenerating and Healing Care

- For a regenerating effect, add 20 to 100 ml of Aloe Vera gel (depending on the size of the animal) to your pre-mask, shampoo, or conditioner. You can combine its use at several stages depending on the situation. Mix the gel into the undiluted product, then dilute as desired.
 - For healing care on small areas, apply pure Aloe Vera gel to a compress and secure it over the affected zone. Leave it on for at least 30 minutes.

In the Form of **Aloe Vera Powder**:

Exfoliating and Anti-Dandruff Care

- Exfoliating treatments with Aloe Vera powder gently cleanse the skin and remove dead cells, making them ideal for anti-dandruff care. Preferably use it in the pre-mask. If you don't use a pre-mask, you can incorporate it into the shampoo or conditioner. Use 1 to 4 teaspoons of Aloe Vera powder (depending on the size of the animal) added to the undiluted product. Mix thoroughly, then dilute as needed. Aloe Vera powder enhances the cleansing properties of your product, which also improves skin hydration.

- When used pure, it can be mixed with water using a cosmetic emulsifier to create a paste that is neither too thick nor too runny, ideal for a pre-mask. The paste should be fluid enough to spread easily through the coat but thick enough not to drip into the tub. Apply the mask with a gentle massage for several minutes, then rinse thoroughly.

Oily Skin, Hydrating, Soothing, and Regenerating Care

Aloe vera powder is astringent; it tightens the pores, helping to regulate sebum production. It is therefore highly suitable for oily skin care.

- Preferably use it in the pre-mask. If you don't use a pre-mask, it can also be incorporated into the shampoo or conditioner. Use 1 to 4 teaspoons of Aloe Vera powder (depending on the size of the animal) mixed into the undiluted product. Mix well, then dilute to your preference.
- Used pure, it can be mixed with water using a cosmetic emulsifier to create a paste that is neither too thick nor too runny, suitable for use as a pre-mask or as a mask between shampoo and conditioner. The paste should be fluid enough to spread easily through the coat, yet thick enough not to drip into the tub.
- You may also perform a wrap: gently wrap the animal in a warm towel (32°C / 89.6°F) during the mask's resting time. Apply the mask with a gentle massage for several minutes, then leave on for 10 to 15 minutes and rinse thoroughly.

Nourishing Care

- Preferably use it in the conditioner. Use 1 to 4 teaspoons of Aloe Vera powder (depending on the size of the animal) mixed into the undiluted product. Mix thoroughly, then dilute as desired.

In the Form of **Oil Macerate or Aloe Vera Oil**

Anti-Inflammatory and Regenerating Care

- Add 2 to 8 drops of aloe vera oil (depending on the size of the dog or cat) into the pure pre-mask or conditioner. Mix thoroughly, then dilute as needed. Prefer using it in the pre-mask for anti-inflammatory care, and in the conditioner for regenerating care.
- For targeted care on small areas such as hot spots, apply pure aloe vera oil onto a compress and secure it over the area. Leave on for at least 30 minutes.

Conditioning Care

- Add 2 to 8 drops of aloe vera oil (depending on the size of the dog or cat) into the pure conditioner. Mix well, then dilute as desired.

Antibacterial and Antifungal Care

- Add 2 to 8 drops of aloe vera oil (depending on the size of the dog or cat) into the pure pre-mask, shampoo, or conditioner. Mix thoroughly, then dilute as needed. You may repeat this step at multiple stages if necessary.
- For localized care, apply pure aloe vera oil to a compress and secure it to the area. Leave on for at least 30 minutes.

Recipes

Aloe Vera is a versatile and essential ingredient in natural care . It can be easily incorporated into a wide range of formulations, whether for skin or coat care. Here are some examples of recipes that include aloe vera.

Simple Recipe

Brushing Spray

This natural brushing spray is formulated to moisturize, smooth, and protect the coat while brushing, while respecting the skin's balance. It helps prevent breakage, makes brushing easier, and leaves the coat soft and slightly satiny, without a greasy effect.

- **100ml Aloe Vera Gel**
- **2ml Argan Oil**
- **2ml Sweet Almond Oil**
- **2ml Jojoba Oil**

Mix all ingredients and place the mixture in a spray bottle.

Tip

You can modify the oils depending on the type of hair you are brushing.

How to Use

Shake well before each use to re-emulsify the mixture. Apply the spray without overloading the coat and brush through. This spray can be used for grooming or maintenance between grooming sessions. It does not require rinsing.



Intermediate Recipe

Aloe Lemon Shampoo

This fresh paste shampoo is designed to gently cleanse while balancing the skin. Thanks to the combination of soothing aloe vera, invigorating lemon, and softening marshmallow, it is suitable for all coat types, including the most delicate. It is particularly suitable for oily skin, dull coats, or pets exposed to pollution and dust.

- **2 parts Aloe Vera Powder**
- **2 parts Lemon Powder**
- **1 part Marshmallow Powder**
- **4 tablespoons Nettle Hydrosol**
- **50 cl mineral water**

In a first bowl, mix all the powders until you get a uniform color. In another bowl, mix the hydrosol and mineral water. Then gradually incorporate the water into the powders, mixing with a cosmetic emulsifier until you get a paste that is neither too liquid nor too thick and that will spread easily but without running into the bathtub.

Tips

- This shampoo is particularly recommended for dogs with oily or dandruff-prone skin.
- For dull or flat coats, add half a dose of hibiscus or rose powder for a toning and conditioning effect.

How to Use

Wet the coat and apply the paste to the entire coat, massaging thoroughly down to the skin. Leave on for 5 to 10 minutes, then rinse. Can be repeated if necessary, especially for very dirty coats or oily skin.



Expert Recipe

Sensitive Skin Fruit Mask

This mask has been formulated to meet the needs of sensitive, reactive, weakened, or redness-prone skin. With a blend of nutrient-rich fruit powders, softening aloe vera, restorative calendula oil, and calming cornflower hydrosol, it provides gentle care while strengthening the skin barrier. It nourishes the skin without weighing it down, while leaving the hair silky soft.

- **1 part Mango Powder**
- **1 part Banana Powder**
- **1 part Pear Powder**
- **1 part Aloe Vera Powder**
- **10ml Calendula (Marigold) Oil**
- **1ml Rose Geranium Essential Oil**
- **4 tablespoons Cornflower Hydrosol**
- **50cl Mineral Water**

Start by mixing the essential oil with the calendula oil. Then, in another container, mix the powders until they are evenly colored and add the vegetable oil. In another container, mix the water and hydrosol. Then gradually incorporate the water into the powders, mixing with a cosmetic emulsifier.

Tip

If you're not comfortable using essential oils, you can make this recipe without adding the Rose Geranium essential oil. Simply mix the Calendula oil with the powders before incorporating the water in which you've diluted the Cornflower hydrosol.

How to Use

- This mask is applied to wet skin and coat. Gently massage it into all affected areas, then leave it on for a few minutes before rinsing.
- For small areas, you can also use it as a poultice.



Exotic Recipe

Aloe – Mango – Blackcurrant Bath Bomb

This 100% natural bath bomb combines the soothing properties of aloe vera, the nourishing effects of mango, and the regenerating power of blackcurrant oil in a gentle fizzing base. It also provides anti-dandruff benefits and can be used for paw soaks or in the shower to gently deliver active ingredients to the skin.

- **30g citric acid**
- **70g food-grade baking soda**
- **10g aloe vera powder**
- **10g mango powder**
- **5g blackcurrant oil**

Mix all ingredients thoroughly and press into small portions using the mold of your choice.

Tips

- You can leave the preparation in powder form for an easy-to-use fizzing treatment. In that case, do not add the blackcurrant oil to the mix.
- Effervescent treatments work best on clean skin.

How to Use

- For paw soaks: Drop one small bath bomb into the foot bath and let it dissolve.
- For full-body skin treatments: Place the bomb or powder into the showerhead reservoir. Bubbles and ingredients will gradually release as you rinse the animal. Alternatively, sprinkle a small amount of powder directly onto the coat, massage gently to help absorption, then wet the coat with water.



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Abscesses

(localized infection under the skin, often painful, warm, and swollen)
For their purifying and antiseptic effects:
Tea Tree (strictly diluted), Rosemary, Thyme, Rockrose (Cistus)
For their cleansing and absorbing effects:
Green Clay, Ghassoul, Stinging Nettle, Neem

For their anti-inflammatory and soothing effects:
Chamomile, Lavender, Black Cumin (Nigella), Calendula
For their healing effects after drainage:
Aloe Vera, Italian Helichrysum, Shea Butter, Spirulina
Aging
(progressive skin and coat changes with age)
In dogs: skin tends to thicken (increased keratinization, rougher; slower regeneration.
In cats: skin becomes thinner, more sensitive, and vulnerable to wounds and irritation.
For their powerful antioxidant effects:
Spirulina, Grape, Blackcurrant, Coffee
For their cellular regenerating effects:
Nigella, Italian Helichrysum, Argan, Camelina
For their nourishing and lipid-replenishing effects:
Shea Butter, Avocado, Sweet Almond, Coconut
For their remineralizing and fortifying effects:
Stinging Nettle, Lithothamnium, Horsetail, Jojoba
For their soothing effects on increased sensitivities:
Marshmallow, Chamomile, Rose, Calendula
Alopecia
For their hair growth stimulating and revitalizing effects:
Rheeta, Bhringraj, Castor Oil, Amla, Spirulina
For their follicle-strengthening effects:
Jojoba, Stinging Nettle, Nigella
For their nourishing and repairing effects:
Shea Butter, Argan Oil, Camelina
For their skin-purifying effects:
Neem, Tea Tree (low dose), Rosemary
Altered Coat Color
For their protective effects against oxidation:
Blackcurrant, Wild Carrot, Camelina, Grape
For their color-enhancing and brightening effects:
Mango, Coffee, Peony, Tomato
For their nourishing effects on the coat:
Argan, Jojoba, Shea Butter
For their remineralizing and toning effects:
Spirulina, Stinging Nettle, Horsetail
Atopy
(chronic skin hypersensitivity, often environmentally triggered)
For their deep anti-inflammatory effects:
Nigella, Italian Helichrysum, Chamomile, Geranium
For their soothing effects on itching and redness:
Aloe Vera, Lavender, Marshmallow, Calendula
For their barrier-repairing and lipid-replenishing effects:
Shea Butter, Sweet Almond, Coconut, Beeswax
For their gentle antimicrobial effects (infection prevention):
Tea Tree (diluted), Rockrose (Cistus), Rosemary, Thyme
Bacterial Infections
For their natural antiseptic effects:
Tea Tree, Rosemary, Thyme, Rockrose

(Cistus)
For their purifying and cleansing effects:
Green Clay, Lemon, Neem
For their inflammation-soothing effects:
Chamomile, Lavender, Calendula
For their healing effects:
Aloe Vera, Italian Helichrysum, Nigella
Brittle Coat
For their deep nourishing effects:
Shea Butter, Coconut, Argan, Avocado
For their strengthening and protective effects:
Castor Oil, Spirulina, Jojoba, Camelina
For their moisturizing effects:
Sweet Almond, Aloe Vera, Mango
For their antioxidant effects:
Blackcurrant, Grape, Coffee
Burns
For their immediate soothing effects:
Aloe Vera, Lavender, Chamomile, Rose
For their anti-inflammatory and calming effects:
Calendula, Italian Helichrysum, Nigella
For their healing and repairing effects:
Shea Butter, White Clay, Beeswax
For their deep moisturizing effects:
Sweet Almond, Coconut, Spirulina, Cupuaçu
Calluses
For their nourishing and softening effects:
Shea Butter, Sweet Almond, Coconut, Avocado
For their repairing and protective effects:
Beeswax, Tucuma, Baobab
For their healing effects:
Calendula, Aloe Vera, Nigella
For their skin-softening effects:
Olive, Macadamia, Camelina, Sweet Almond
Coarse Hair
For their softening and emollient effects:
Shea Butter, Sweet Almond, Coconut, Avocado
For their deep nourishing effects:
Argan, Mango, Olive, Beeswax
For their hydrating and flexibility-enhancing effects:
Aloe Vera, Marshmallow, Spirulina
For their protective effects on the coat:
Jojoba, Camelina, Tucuma
Coat Discoloration
For their strong antioxidant effects:
Blackcurrant, Wild Carrot, Grape
For their radiance-enhancing effects:
Tomato, Mango, Coffee, Peony
For their nourishing and protective effects:
Argan, Jojoba, Shea Butter, Camelina
Contact Allergies
For their gentle cleansing and protective effects:
Aloe Vera, Chamomile, Marshmallow, Witch Hazel
For their soothing and anti-inflammatory effects:
Calendula, Chamomile, Rose, Nigella, Lavender, Italian Helichrysum
For their healing and moisturizing effects:
Sweet Almond, Shea Butter, Beeswax, Spirulina
For their mild antimicrobial effects (prevention of secondary infection):
Tea Tree, Rosemary, Thyme, Rockrose (Cistus)

Convalescence Care

(post-operative or recovery period after illness)

For their regenerating and repairing effects:

Aloe Vera, Spirulina, Calendula, Nigella

For their coat and skin-fortifying effects:

Shea Butter, Argan, Amla, Horsetail

For their soothing and anti-inflammatory effects:

Chamomile, Lavender, Rose, Italian Helichrysum

For their remineralizing effects:

Stinging Nettle, Lithothamnium, Spirulina

Crusts and Scales

For their gentle kerato-regulating effects:

White Clay, Stinging Nettle, Lemon, Marshmallow

For their moisturizing and softening effects:

Shea Butter, Sweet Almond, Coconut, Chamomile

For their healing effects:

Aloe Vera, Calendula, Nigella

For their gentle antifungal effects:

Tea Tree (low dose), Neem, Rosemary

Damaged Claws

(brittle, split, soft, or trauma-prone claws)

For their keratin-fortifying effects:

Castor Oil, Spirulina, Stinging Nettle, Horsetail

For their nourishing and protective effects:

Shea Butter, Beeswax, Nigella, Jojoba, Borage

For their nail matrix-regenerating effects:

Aloe Vera, Camelina, Sweet Almond

For their antimicrobial and anti-inflammatory effects (in case of cracks or wounds):

Tea Tree (diluted), Lavender, Rockrose (Cistus), Calendula

Damaged Skin Post–Surgery

(scars, weakened areas, shaved spots)

For their deep healing effects:

Aloe Vera, Italian Helichrysum, Calendula, Rockrose (Cistus)

For their skin barrier-repairing effects:

Shea Butter, Beeswax, Nigella, Sweet Almond

For their soothing and protective effects:

Chamomile, Lavender, Rose

For their gentle antiseptic effects:

Tea Tree (diluted), Rosemary

Dandruff

For their gentle kerato-regulating effects:

White Clay, Lemon, Stinging Nettle, Witch Hazel

For their antifungal and purifying effects:

Tea Tree (diluted), Neem, Rosemary

For their itch-soothing effects:

Chamomile, Lavender, Calendula, Nigella

For their light nourishing effects:

Jojoba, Marshmallow, Spirulina

For their moisturizing and softening effects:

Aloe Vera, Marshmallow, Sweet Almond, Spirulina, White Clay, Coconut, Cupuaçu, Cotton, Camelina

Deficiencies

(nutritional, mineral, vitamin – visible effects on skin and coat)

For their remineralizing and strengthening effects:

Spirulina, Lithothamnium, Stinging Nettle, Horsetail

For their growth-stimulating and toning effects:

Castor Oil, Rheeta, Amla, Bhringraj

For their deep nourishing effects:

Shea Butter, Argan Oil, Avocado, Camelina

For their skin terrain repairing effects:

Nigella, Aloe Vera, Jojoba

Demodicosis

(Due to Demodex overgrowth, often on immunocompromised skin)

For their natural antiparasitic effects:

Neem, Tea Tree (strict dilution), Sidr

For their skin-cleansing effects:

Green Clay, Stinging Nettle, Lemon

For their anti-inflammatory effects:

Chamomile, Calendula, Nigella

For their repairing and protective effects:

Aloe Vera, Shea Butter, Spirulina

Dermatitis

For their soothing and calming effects:

Aloe Vera, Chamomile, Calendula, Lavender, Rose

For their natural anti-inflammatory effects:

Nigella, Italian Helichrysum, Geranium

For their repairing and protective effects:

Shea Butter, Beeswax, Spirulina, Sweet Almond

For their gentle cleansing effects:

Stinging Nettle, Rosemary, White Clay

Dry Skin

For their deep moisturizing effects:

Aloe Vera, Sweet Almond, Coconut, Spirulina

For their nourishing and lipid-replenishing effects:

Shea Butter, Avocado, Argan, Olive

For their soothing effects on tightness:

Chamomile, Calendula, Marshmallow, Rose

For their protective and repairing effects:

Beeswax, Nigella, Cotton, Mango

Dull Coat

For their shine-boosting effects:

Mango, Tomato, Blackcurrant, Coffee

For their protective effects against oxidation:

Grape, Wild Carrot, Camelina

For their coat-nourishing effects:

Argan, Jojoba, Shea Butter, Coconut

For their strengthening effects:

Spirulina, Castor Oil, Amla, Stinging Nettle

Easily Detached Hair

For their remineralizing and anti-deficiency effects:

Spirulina, Lithothamnium, Stinging Nettle, Horsetail

For their strengthening effects on hair and follicles:

Amla, Castor Oil, Rheeta, Jojoba

For their skin-soothing effects:

Chamomile, Marshmallow, Calendula

For their repairing effects:

Shea Butter, Nigella, Argan

Emotional Soothing

For their calming and relaxing effects:

Lavender, Chamomile, Ylang Ylang, Geranium

For their emotional balancing effects:

Rose, Italian Helichrysum, Jasmine

For their anti-stress effects on the skin:

Aloe Vera, Marshmallow, Stinging Nettle

For their support in strengthening the human-animal bond:

Orange Blossom, Vanilla, Rockrose (Cistus)

Eczema

(Dry, weeping, or atopic types)

For their powerful anti-inflammatory effects:

Nigella, Chamomile, Italian Helichrysum, Geranium

For their soothing and calming effects:

Calendula, Lavender, Rose, Marshmallow

For their skin barrier-repairing effects:

Aloe Vera, Shea Butter, Sweet Almond, Spirulina

For their gentle antimicrobial effects (to prevent infected scratching):

Tea Tree (diluted), Rosemary, Rockrose (Cistus)

Edema

(tissue swelling from fluid retention, often inflammatory or circulatory)

For their decongestant effects:

Italian Helichrysum, Rosemary, Rockrose (Cistus), Chamomile

For their draining and circulatory effects:

Thyme, Stinging Nettle, Horsetail, Sage

For their anti-inflammatory and soothing effects:

Nigella, Lavender, Calendula

For their repairing and toning effects:

Aloe Vera, Spirulina, Grape

Excessive Hair Loss

(beyond normal shedding, often linked to stress, deficiencies, or imbalance)

For their regrowth-stimulating effects:

Castor Oil, Rheeta, Amla, Spirulina

For their follicle-strengthening effects:

Bhringaraj, Kapoor Kachli, Camelina, Stinging Nettle

For their skin-soothing effects:

Lavender, Chamomile, Nigella

For their nourishing and repairing effects:

Shea Butter, Argan, Jojoba

Feline Aene, Pimples

For their purifying and sebum-regulating effects:

White Clay, Green Clay, Stinging Nettle, Lemon, Rosemary, Thyme

For their natural antiseptic effects:

Tea Tree, Rosemary, Rockrose (Cistus), Neem

For their anti-inflammatory and soothing effects:

Chamomile, Lavender, Italian Helichrysum, Calendula

For their healing and repairing effects:

Aloe Vera, Shea Butter, White Clay, Black Cumin (Nigella)

Flaky / Peeling Skin

For their hydrating and emollient effects:

Shea Butter, Sweet Almond, Coconut, Chamomile, Tucuma

For their soothing effects:

Marshmallow, Aloe Vera, Calendula, Rose

For their repairing effects:

Nigella, Spirulina, Beeswax

For their gentle exfoliating effects:

White Clay, Rice, Banana Powder

Frostbite / Chapping

(Especially on pads and nose in winter)

For their nourishing and protective effects:

Shea Butter, Beeswax, Coconut, Tucuma, Mango, Cupuaçu

For their intense repairing effects:

Aloe Vera, Calendula, Nigella, Avocado

For their soothing and softening effects:

Chamomile, Sweet Almond, Rose, Cotton, Camelina

Fungal Infections

(e.g., Malassezia, dermatophytes)

For their natural antifungal effects:

Tea Tree (highly diluted), Neem, Thyme, Rockrose (Cistus)

For their skin-cleansing effects:

Green Clay, Stinging Nettle, Lemon

For their soothing and anti-inflammatory effects:

Chamomile, Calendula, Nigella

For their repairing effects:

Aloe Vera, Shea Butter, Spirulina

Greasy Coat

(sticky, heavy, quickly oily coat)

For their sebum-regulating effects:

Green Clay, Lemon, Stinging Nettle, Rosemary

For their natural purifying effects:

Tea Tree, Neem, Thyme

For their gentle balancing effects:

Jojoba, Chamomile, Geranium

For their light and cleansing effects:

Aloe Vera, White Clay

Hairless Skin

(breeds like Sphynx, Peruvian Hairless Dog, Xolo... or areas without fur)

For their protective and emollient effects:

Shea Butter, Sweet Almond, Coconut, Beeswax

For their soothing and softening effects:

Chamomile, Marshmallow, Rose, Calendula

For their deep moisturizing effects:

Aloe Vera, Avocado, Spirulina, Olive

For their skin barrier-strengthening effects:

Nigella, Jojoba, Cotton, Camelina

For their gentle exfoliating and purifying effects:

White Clay, Rice Powder, Diatomaceous Earth, Ghassoul, Banana, Nettle,

Rose, Mango, Coffee

Hot Spot

For their soothing and anti-inflammatory effects:

Calendula, Chamomile, Witch Hazel, Lavender, Rose, Nigella, Italian

Helichrysum

For their healing and repairing effects:

Aloe Vera, Shea Butter, White Clay, Green Clay (more absorbent, helpful in case of oozing), Beeswax

For their natural antiseptic and antifungal effects:

Tea Tree, Rosemary, Thyme, Rockrose (Cistus), Neem

For their gentle astringent effects (mild drying without irritation):

Witch Hazel, Green Clay, Stinging Nettle, Lemon

Hyperpigmentation

(Dark spots from chronic irritation or friction)

For their gentle brightening effects:

Wild Carrot, Lemon (diluted), Grape

For their soothing and anti-inflammatory effects:

Rose, Chamomile, Italian Helichrysum

For their repairing and protective effects:

Aloe Vera, Shea Butter, Camelina, Spirulina

Ingrown Hairs

For their gentle exfoliating and unclogging effects:

White Clay, Diatomaceous Earth, Rice, Ghassoul, Grape

For their post-exfoliation soothing effects:

Chamomile, Calendula, Lavender, Rose

For their gentle antiseptic effects:

Tea Tree (diluted), Rosemary, Rockrose (Cistus)

For their healing and repairing effects:

Aloe Vera, Shea Butter, Nigella

Insect Bites

(mosquitoes, fleas, ticks, bees...)

For their anti-inflammatory and calming effects:

Lavender, Chamomile, Italian Helichrysum

For their gentle antiseptic and disinfectant effects:

Tea Tree, Geranium, Rockrose (Cistus)

For their soothing effects:

Calendula, Nigella, Aloe Vera

For their skin-protective effects:

Shea Butter, Beeswax, Avocado

Itching (Pruritus)

For their immediate calming effects:

Chamomile, Lavender, Witch Hazel, Rose, Apple Cider Vinegar,

Raspberry, Coconut, Pomegranate

For their anti-inflammatory and anti-allergic effects:

Calendula, Nigella, Italian Helichrysum, Geranium

For their moisturizing and softening effects:

Aloe Vera, Marshmallow, Shea Butter, Sweet Almond

For their gentle antimicrobial effects:

Tea Tree (well diluted), Rosemary, Thyme

Lack of Hair Regrowth

For their regrowth-stimulating effects:

Rheeta, Bhringaraj, Amla, Castor Oil

For their follicle-strengthening effects:

Kapoor Kachli, Shikakai, Spirulina, Stinging Nettle

For their skin-repairing effects:

Nigella, Aloe Vera, Camelina

For their skin-balancing effects:

Neem, Tea Tree (low dose), Rosemary

Lack of Volume

(flat, fine coat lacking structure)

For their follicle-strengthening and stimulating effects:

Spirulina, Amla, Castor Oil, Shikakai

For their toning and densifying effects:

Stinging Nettle, Kapoor Kachli, Bhringaraj

For their nourishing and balancing effects:

Jojoba, Camelina, Argan

For their gentle texturizing effects:

Ghassoul, White Clay, Rice

Microcirculation

(poorly irrigated skin, cold extremities, dull coat from poor blood flow)

For their circulation-boosting effects:

Rosemary, Rockrose (Cistus), Thyme, Ginger (if introduced)

For their decongestant effects:

Italian Helichrysum, Sage, Lavender

For their vascular remineralizing effects:

Stinging Nettle, Spirulina, Horsetail, Lithothamnium

For their capillary-protective effects:

Grape, Blackcurrant, Camelina, Nigella

Muscle Pain

(after exertion, tension, manipulation, overuse)

For their natural muscle-relaxing effects:

Lavender, Chamomile, Geranium, Ylang Ylang

For their relaxing and pain-relieving effects:

Italian Helichrysum, Rosemary, Rockrose (Cistus)

For their anti-inflammatory effects:

Nigella, Calendula, Arnica (if used)

For their warming or soothing effects on tissue:

Aloe Vera, Shea Butter, Spirulina

Oily Skin / Seborrhea

For their powerful sebum-regulating effects:

Green Clay, Stinging Nettle, Lemon, Rosemary, Thyme

For their cleansing and purifying effects:

Tea Tree, Neem, White Clay

For their soothing and balancing effects:

Chamomile, Lavender, Geranium

For their softening effects without greasiness:

Jojoba, Marshmallow, Aloe Vera

Osteoarthritis & Arthritis

(joint pain, chronic inflammation or degeneration)

For their deep anti-inflammatory effects:

Nigella, Italian Helichrysum, Chamomile, Lavender

For their circulatory and decongestant effects:

Rosemary, Rockrose (Cistus), Thyme, Sage

For their remineralizing effects:

Spirulina, Lithothamnium, Stinging Nettle, Horsetail

For their calming effects on nerves and muscles:

Geranium, Ylang Ylang, Aloe Vera

Poor Overall Condition

For their remineralizing and revitalizing effects:

Spirulina, Stinging Nettle, Lithothamnium, Horsetail

For their deep nourishing effects:

Shea Butter, Argan, Avocado, Coconut

For their hydrating and softening effects:

Sweet Almond, Aloe Vera, Chamomile

For their hair growth stimulating effects:

Castor Oil, Rheeta, Moringa, Amla

Post-Grooming Care

(sensitive skin after clipping, bathing, drying)

For their immediate soothing effects:

Aloe Vera, Witch Hazel, Chamomile, Lavender

For their repairing moisturizing effects:

Shea Butter, Sweet Almond, Spirulina

For their post-care protective effects:

Beeswax, Marshmallow, Rose

For their gentle disinfectant effects:

Tea Tree (diluted), Rockrose (Cistus)

Post-Shelter Care

(sensitive, stressed, damaged skin after adoption)

For their soothing and reassuring effects:

Marshmallow, Chamomile, Lavender, Rose

For their skin-repairing effects:

Aloe Vera, Shea Butter, Beeswax, Nigella

For their gentle antifungal effects:

Neem, Tea Tree (very low dose), Rosemary

For their general health-supporting effects:

Spirulina, Stinging Nettle, Sweet Almond

Preventive Protection

(for nose, paw pads, exposure to cold, wind, UV, etc.)

For their natural protective and film-forming effects:

Beeswax, Shea Butter, Coconut, Tucuma

For their repairing and anti-aggression effects:

Nigella, Calendula, Spirulina, Rockrose (Cistus)

For their immediate soothing effects:

Lavender, Chamomile, Aloe Vera

For their long-lasting moisturizing effects:

Sweet Almond, Avocado, Marshmallow

Puppy / Kitten Care

For their ultra-gentle and non-irritating effects:

Chamomile, Sweet Almond, Marshmallow, Cotton

For their appropriate moisturizing effects:

Aloe Vera, Avocado, Shea Butter

For their protective effects on young skin:

Beeswax, Jojoba, Coconut

For their calming effects in case of mild irritation:

Calendula, Rose, Lavender

Redness / Inflammation

(various causes: heat, allergy, reaction, irritation)

For their powerful anti-inflammatory effects:

Italian Helichrysum, Chamomile, Nigella, Geranium

For their calming and cooling effects:

Aloe Vera, Lavender, Rose, Marshmallow

For their gentle healing effects:

Calendula, Rockrose (Cistus), Spirulina

For their protective and softening effects:

Shea Butter, Sweet Almond, Cotton

Ringworm

(contagious dermatophytes)

For their specific antifungal effects:

Neem, Tea Tree, Sidr, Ghassoul

For their deep cleansing effects:

Green Clay, Stinging Nettle, Lemon

For their healing effects:

Aloe Vera, Italian Helichrysum, Calendula

For their protective and soothing effects:

Shea Butter, Spirulina, Chamomile

Scars

For their regenerative and repairing effects:

Aloe Vera, Rose, Italian Helichrysum, Shea Butter, Argan

For their deep healing effects:

Calendula, Nigella, Rockrose (Cistus), White Clay

For their anti-inflammatory effects:

Chamomile, Lavender, Geranium

For their skin-protective effects:

Beeswax, Sweet Almond, Spirulina

Seasonal Care

(depending on exposure to cold, heat, UV, wind...)

For their nourishing protective effects in winter:

Shea Butter, Coconut, Tucuma, Beeswax

For their moisturizing and refreshing effects in summer:

Aloe Vera, Avocado, Sweet Almond, Rose

For their soothing effects after exposure:

Chamomile, Lavender, Calendula, Italian Helichrysum

For their skin-balancing effects:

Spirulina, Marshmallow, Camelina

Senior Care

(aging skin, thickened, less elastic, dull coat)

For their softening and nourishing effects:

Shea Butter, Sweet Almond, Coconut, Avocado

For their regenerating effects:

Spirulina, Nigella, Argan, Horsetail

For their soothing effects for skin discomfort:

Chamomile, Lavender, Calendula

For their gentle protective effects:

Beeswax, Marshmallow, Rose

Sensitive / Reactive Skin

(skin that reddens, heats up, or itches at the slightest touch)

For their soothing and calming effects:

Chamomile, Calendula, Marshmallow, Rose

For their gentle anti-inflammatory effects:

Italian Helichrysum, Lavender, Nigella

For their softening and protective effects:

Sweet Almond, Shea Butter, Beeswax

For their gentle hydrating effects:

Aloe Vera, Cotton, Spirulina

Skin Irritations

For their immediate soothing effects:

Chamomile, Lavender, Calendula, Rose

For their natural anti-inflammatory effects:

Nigella, Italian Helichrysum, Witch Hazel

For their epidermal repairing effects:

Aloe Vera, Shea Butter, Beeswax

For their hydrating and softening effects:

Sweet Almond, Marshmallow, Spirulina

Skin Ulcers

(open, oozing wounds, slow to heal)

For their powerful healing effects:

Aloe Vera, Calendula, Italian Helichrysum, Nigella, Honey

For their gentle antiseptic effects:

Rockrose (Cistus), Tea Tree, Lavender

For their moisturizing and repairing effects:

Shea Butter, Beeswax, Spirulina

For their zone-protective effects:

White Clay, Sweet Almond

Slow Hair Regrowth

(hair takes time to return after shedding or clipping)

For their growth-stimulating effects:

Rheeta, Castor Oil, Amla, Bhringaraj

For their follicle-strengthening effects:

Shikakai, Kapoor Kachli, Spirulina, Stinging Nettle

For their skin-balancing effects:

Camelina, Nigella, Rosemary

For their skin-regenerating effects:

Aloe Vera, Neem

Stress

(emotional, oxidative, or physical stress – linked to environment, handling, or internal imbalance)

For their emotional soothing effects:

Lavender, Chamomile, Ylang Ylang, Geranium

For their nervous and skin-balancing effects:

Rose, Italian Helichrysum, Jasmine, Orange Blossom

For their antioxidant and cell-protective effects:

Spirulina, Blackcurrant, Grape, Coffee

For their repairing effects after oxidative stress or inflammation:

Aloe Vera, Nigella, Shea Butter, Camelina

Sunburn

For their immediate soothing effects:

Aloe Vera, Lavender, Chamomile, Rose

For their anti-inflammatory and repairing effects:

Calendula, Italian Helichrysum, Nigella

For their deep moisturizing effects:

Shea Butter, Sweet Almond, Coconut, Avocado, Cupuaçu

For their healing and protective effects:

Beeswax, White Clay, Spirulina

Tangled Coat

For their natural smoothing and coating effects:

Shea Butter, Mango, Cupuaçu, Coconut

For their plant-based detangling effects:

Marshmallow, Banana, Sweet Almond

For their softening and coat flexibility effects:

Jojoba, Chamomile, Spirulina

For their anti-friction protective effects:

Beeswax, Argan, Tucuma

Thickened Skin

(thickened stratum corneum, often with abnormal keratinization)

For their gentle kerato-regulating effects:

Green Clay, White Clay, Lemon, Spirulina

For their natural exfoliating effects:

Ghassoul, Diatomaceous Earth, Rice

For their skin-repairing effects:

Aloe Vera, Shea Butter, Nigella

For their remineralizing effects:

Stinging Nettle, Amla, Lithothamnium

Thin / Fragile Skin

(young, senior, or hairless breeds)

For their protective and emollient effects:

Sweet Almond, Shea Butter, Beeswax, Coconut

For their strengthening and restructuring effects:

Spirulina, Camelina, Nigella

For their natural soothing effects:

Marshmallow, Chamomile, Rose, Calendula

For their gentle hydrating effects:

Aloe Vera, Avocado, Cotton

Unpleasant Odors

(strong or abnormal body odor due to skin, fungal, or sebaceous imbalance)

For their purifying and cleansing effects:

Tea Tree (very low dose), Rosemary, Thyme, Rockrose (Cistus)

For their gentle antifungal effects:

Neem, Ghassoul, Green Clay, Stinging Nettle

For their natural deodorizing effects:

Lemon (diluted), Lavender, Geranium, Sage

For their skin microbiome-balancing effects:

Aloe Vera, Chamomile, Grape, Spirulina

For their post-grooming soothing effects:

Calendula, Marshmallow, Rose

Wounds / Minor Cuts

(light cuts, scrapes, abrasions)

For their powerful healing effects:

Calendula, Aloe Vera, Italian Helichrysum, Rockrose (Cistus)

For their gentle antiseptic effects:

Lavender, Rosemary, Tea Tree (diluted)

For their protective and repairing effects:

Shea Butter, Beeswax, Nigella

For their soothing effects:

Chamomile, Marshmallow

Yeast Infections

(notably Malassezia)

For their powerful antifungal effects:

Neem, Tea Tree, Rosemary

For their sebum-regulating effects:

Green Clay, Stinging Nettle, Lemon

For their inflammation-soothing effects:

Chamomile, Lavender, Calendula

For their skin barrier-restoring effects:

Aloe Vera, Shea Butter, Nigella